You break into your partner’s Instagram account or cell phone without their permission.
You make all the decisions for the relationship.
Your partner texts you constantly and gets upset or suspicious if you don’t answer right away.
You talk about sex with your partner.
You tell your partner how good he/she looks.
You keep your word.
You have a friend spy on your partner.
You talk about avoiding pregnancy and STIs.
You talk about problems when they arise in the relationship.
Your partner pressures you to have sex when you don’t want to.
You consider your partner’s feelings when making decisions.
You argue and fight almost every day.
You ask your partner to break rules made by his or her parents.
Your partner hits you
You feel in control of yourself and that you can make your own decisions.
You stay in the relationship because although you are unhappy, it is better than being alone.
You listen to your partner’s opinions.
HEALTHY