

EngenderHealth Capabilities in Family Planning and Sexual and Reproductive Health

Organizational Overview

EngenderHealth offers **expertise in sexual and reproductive health (SRH) and family planning (FP), maternal health, and gender equity**. EngenderHealth is committed to creating transformative, sustainable change by advancing SRH rights as human rights, expanding access to critical health information and training, and delivering quality services. With funding from various donor agencies, private foundations, and other funding institutions, EngenderHealth collaborates with governments, private sector partners, local organizations, and communities to achieve such change. In fiscal year 2023 (July 2022 to June 2023), EngenderHealth received **revenue of \$37 million**. During this period, EngenderHealth supported activities in **16 countries across Africa and Asia** through which we achieved the following results:¹

- **1,164,500** individuals received contraceptive care
- **1,682,900** unintended pregnancies were averted
- **477,400** unsafe abortions were averted
- **31,300** child deaths and **2,300** maternal deaths were prevented
- **\$157,679,500** in direct healthcare costs were saved

Our vision: A world where sexual and reproductive rights are respected as human rights and women and girls have the freedom to reach their full potentials

Technical Expertise

Employing a rights-based approach that emphasizes full, free, informed choice to expand access to quality FP and SRH care, we aim to ensure availability of a comprehensive range of methods (including long-acting reversible contraceptives and permanent methods) while simultaneously promoting demand for high-quality FP and SRH information and services. Our primary approaches to FP and SRH programming include the following:

- Our **health systems strengthening** interventions promote quality, ownership, and resilience at national, subnational, facility, and community levels. For example, we leverage evidence to support policies, standards, and related plans and budgets; we facilitate the planning, delivery, monitoring, and quality assurance of FP and SRH programs; we train managers, providers, and community workers; and we support renovating and equipping facilities, as appropriate.
- Our **quality improvement** efforts are based on client-centered, rights-based principles. We deliver proven, cost-effective tools and trainings for counseling and clinical service provision, including through using blended learning methodologies and supporting facilitative supervision.
- We employ participatory approaches to **engage youth and adolescents** in all phases of programming in order to ensure access to and availability of adolescent-responsive services that address the unique FP and SRH needs and aspirations of this population.
- Our **community engagement** approaches include mobilizing community leaders and organizing community dialogues to increase awareness about the importance and value of FP and SRH as well as strengthening community advocacy and enhancing partnerships to support local health systems.

In fiscal year 2023, we reached more than 1.6 million people directly with SRH messaging, trained more than 48,800 clinical and community health workers, and supported 3,448,700 couple years of protection.

¹ EngenderHealth trains healthcare providers and supports health facilities in partnership with governments and local organizations to offer quality SRH services. These data represent the results of those services. Data on reduced deaths and cost savings estimated using the Marie Stopes International Impact 2 Model.

Select Program Highlights

Global: MOMENTUM Safe Surgery in Family Planning and Obstetrics

Building upon the success of our Fistula Care and Fistula Care *Plus* programs (2007 to 2021), the United States Agency for International Development awarded EngenderHealth the \$80 million (award ceiling), five-year (2020 to 2025) MOMENTUM Safe Surgery in Family Planning and Obstetrics project. This latest project aims to increase the capacity of national health systems and local organizations to strengthen surgical safety within FP and maternal health programs by promoting evidence-based approaches and testing new innovations. We are currently implementing various projects in nine countries (Democratic Republic of Congo, Guinea, India, Madagascar, Mali, Mozambique, Nigeria, Rwanda, and Senegal). Our FP work focuses on voluntary contraception, including postpartum intrauterine device insertion and difficult contraceptive implant removal as well as vasectomy and post-caesarean, postpartum, and interval tubal ligation. In the Democratic Republic of Congo, for example, we are working to expand access to quality FP with a focus on long-acting reversible contraceptives and permanent methods service delivery, including postpartum FP, integration of FP counseling and referrals in fistula care, and expansion of FP availability through non-traditional community distributors.



Ethiopia: Family Planning Integration in Primary Healthcare

This two-year (2021 to 2023) project, funded by the Bill & Melinda Gates Foundation, aimed to support integration of FP services with reproductive, maternal, child health, and nutrition services as part of the broader primary healthcare system in Ethiopia. In collaboration with the Federal Ministry of Health, the project supported a comprehensive national FP integration assessment, which included a desk review, facility survey, and stakeholder interviews. We also partnered with Addis Ababa University, Jigjiga University, and Wolaita Soddo University to conduct implementation research focused on select high-impact interventions, including integration of postpartum and postabortion FP in agrarian and pastoral regions of the country with low rates of modern contraceptive prevalence. EngenderHealth applied the results of the assessment and research to develop FP integration interventions to complement the government's existing efforts. For instance, we provided training and support to improve facility-level delivery of postpartum and postabortion FP services and conducted community outreach activities to improve knowledge of and access to FP services. Over the life of the project, we supported 30 health facilities in agrarian settings and pastoralist settings (15 each), including by providing medical equipment and FP supplies. We also trained 127 healthcare providers on integrated comprehensive contraception and postabortion FP and trained 38 pharmacy personnel on integrated pharmaceutical and logistic supply systems. Through these activities, we contributed to 17,004 clients receiving postpartum FP counseling and 685 clients receiving postabortion FP counseling.



Tanzania: Scaling Up Family Planning

With funding from the United Kingdom Foreign Commonwealth Development Office, EngenderHealth partnered with the government of Tanzania to increase use of FP services, strengthen comprehensive postabortion care, improve gender-based violence care, and strengthen the health system. This five-year SRH program launched in late 2019 with the ambitious goal of reaching 2.3 million Tanzanians with integrated SRH care. The project has demonstrated several notable results from the first two years of implementation. This includes reaching more than 899,000 clients with contraceptive information and services, thereby achieving an estimated 1,628,000 couple-years of protection; providing postabortion care to more than 18,900 clients; and identifying 69,338 incidences of gender-based violence through routine service provision and outreach services.

