A Collaborative Cookbook for:

Partnerships, Inclusion, and Equity

EngenderHealth
Acknowledgements

EngenderHealth garnered the “recipes” included herein from attendees at the sixth International Conference on Family Planning, held in Pattaya City, Thailand. We are grateful to all who visited our booth at the conference and contributed to this collection. Amy Agarwal designed this book.
Dear friends and allies,

Partnerships, in all their various forms, are fundamental to every aspect of EngenderHealth’s work—across all geographies and issues—and we strategically seek opportunities to collaborate, share knowledge, and learn from other organizations. Through informal and formal partnerships as well as participation in advisory groups, coalitions, and other fora, we are committed to advancing sexual and reproductive health and rights for everyone, everywhere.

At EngenderHealth, we are committed to supporting country- and community-led solutions and our relationships with stakeholders in the countries where we work—such as governments, health system authorities, associations of healthcare professionals, community-based organizations, technical working groups, and civil society organizations, including women- and youth-led organizations—are paramount to our collective success.

EngenderHealth also strives to promote inclusive and equitable partnerships, and we do this by amplifying the work of our partners, strengthening our skills together, fostering connections across communities and countries, and bringing separate but related networks together. And, we are committed to evolving our approach to collaboration by sharing power, authentically listening to partner voices, and meaningfully evaluating our partnership models to ensure they are equitable, responsive, and accountable.

Through our participation at the sixth International Conference on Family Planning, held in Pattaya City, Thailand in November 2022, EngenderHealth garnered “recipes for inclusive and equitable partnerships” from colleagues who visited our exhibition booth. We are pleased to share a compilation of these “recipes,” which incorporate ideas and aspirations from sexual and reproductive health experts and activists from around the world. We hope you will join us in reflecting on the ingredients and special instructions and help us in continuing to foster inclusive, equitable partnerships so that together, we can foster a gender-equal world where all people achieve their sexual and reproductive health and rights.

In gratitude,
Your friends at EngenderHealth
## RECIPE FOR INCLUSIVE & EQUITABLE PARTNERSHIPS

**Recipe**

<table>
<thead>
<tr>
<th>Ingredients</th>
<th>Special Instructions</th>
</tr>
</thead>
<tbody>
<tr>
<td>Inclusion of FP for all</td>
<td>Through social behavior</td>
</tr>
<tr>
<td></td>
<td>change communication</td>
</tr>
</tbody>
</table>

*From the kitchen of:* Dr. Fahmina Khan, Shukhi Jibon, Pathfinder

**Recipe**

<table>
<thead>
<tr>
<th>Ingredients</th>
<th>Special Instructions</th>
</tr>
</thead>
<tbody>
<tr>
<td>Integration of gender in SRHR</td>
<td>gender, youth,</td>
</tr>
<tr>
<td></td>
<td>social inclusion</td>
</tr>
</tbody>
</table>

*From the kitchen of:* Dr. Shamima Parveen, Pathfinder
Recipe

RECIPE FOR INCLUSIVE & EQUITABLE PARTNERSHIPS

Ingredients

- Share funding
- Joint management
- Youth organizations &
  gender association inclusion

From the kitchen of:

Elaine, JSI
Name & Organization

Recipe

RECIPE FOR INCLUSIVE & EQUITABLE PARTNERSHIPS

Ingredients

- Co-creation
- Co-design
- Indicators of Success

From the kitchen of:

Calia B., Ibis Reproducti
Name & Organization

Special Instructions

- Stir, but do not shake!
- Decolonize
- Power Shift
RECIPE FOR INCLUSIVE & EQUITABLE PARTNERSHIPS

**Ingredients**

- Meaningful youth participation
- Respect
- Diverse groups (include disabled people)
- Open space with opportunities

**Special Instructions**

- Empathy and support between each other can bring great change in communication
- Supportive for each others’ needs

*From the kitchen of:*  

Sushma Sunuwar, YUWA, Nepal  

Lopamudra and Manish, Pathfinder
Recipe

RECIPE FOR INCLUSIVE & EQUITABLE PARTNERSHIPS

Ingredients

- Government collaboration
- Community engagement
- Local priorities
- Reasonable sustainability

Special Instructions

- Be a partner complementing government efforts

From the kitchen of:

Zuhura Mbuguni, Tanzania Ministry of Health

Name & Organization

Recipe

RECIPE FOR INCLUSIVE & EQUITABLE PARTNERSHIPS

Ingredients

- Representation of young women
- Contextualization of projects
- Funding local grassroots

Special Instructions

- a cup full
- double measure
- the whole pack

From the kitchen of:

Womandla Foundation

Name & Organization
RECIPE FOR INCLUSIVE & EQUITABLE PARTNERSHIPS

From the kitchen of:

Ingredients

- Empathy
- Consulting people
- Simple information

Special Instructions

- Get to the specific population
- affected by issues

Name & Organization

Flondalma Bocel

---

RECIPE FOR INCLUSIVE & EQUITABLE PARTNERSHIPS

From the kitchen of:

Ingredients

- SRHR
- Climate change
- Gender equality
- Women & youth empowerment

Special Instructions

- Local, youth-led organization
- Partner in South Sudan

Name & Organization

IFRI Initiativve
### Recipe

**RECIPE FOR INCLUSIVE & EQUITABLE PARTNERSHIPS**

<table>
<thead>
<tr>
<th>Ingredients</th>
<th>Special Instructions</th>
</tr>
</thead>
<tbody>
<tr>
<td>Trust</td>
<td>Mixed all together from the start &amp; maintain balance</td>
</tr>
<tr>
<td>Shared leadership</td>
<td></td>
</tr>
<tr>
<td>Shared risks</td>
<td></td>
</tr>
<tr>
<td>Transparency</td>
<td></td>
</tr>
</tbody>
</table>

*From the kitchen of:*  
Marcia, Ipas Indonesia

**RECIPE FOR INCLUSIVE & EQUITABLE PARTNERSHIPS**

<table>
<thead>
<tr>
<th>Ingredients</th>
<th>Special Instructions</th>
</tr>
</thead>
<tbody>
<tr>
<td>Remove / reduce process obstacles</td>
<td>Begin now!</td>
</tr>
<tr>
<td>Consider each player as equal resources and equal contributors</td>
<td>Always</td>
</tr>
</tbody>
</table>

*From the kitchen of:*  
Helen

**Name & Organization**
**Recipe**

**RECIPE FOR INCLUSIVE & EQUITABLE PARTNERSHIPS**

### Ingredients

- Funding
- Safe space for interaction
- Engagement at all levels
- Intersectionality

### Special Instructions

- Make resources available for different partners (at all levels) to meet and discuss intersectionality

*From the kitchen of:*  
P. Sebele, Ipas

Name & Organization

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**Recipe**

**RECIPE FOR INCLUSIVE & EQUITABLE PARTNERSHIPS**

### Ingredients

- Listening to all
- Social inclusivity
- Shared roles

### Special Instructions

- Practice it

*From the kitchen of:*  
Akullo Betty, Worudez Uganda

Name & Organization
## RECIPE FOR INCLUSIVE & EQUITABLE PARTNERSHIPS

### From the kitchen of:

<table>
<thead>
<tr>
<th>Ingredients</th>
<th>Special Instructions</th>
</tr>
</thead>
<tbody>
<tr>
<td>An excellent organization which we like most to have partnership on SRHR</td>
<td></td>
</tr>
<tr>
<td>integration with climate change</td>
<td></td>
</tr>
</tbody>
</table>

**Semere Sileshi, PHE Ethiopia Consortium**

**From the kitchen of:**  
Sandra Mapemba, Palladium Group
## RECIPE FOR INCLUSIVE & EQUITABLE PARTNERSHIPS

<table>
<thead>
<tr>
<th>Ingredients</th>
<th>Special Instructions</th>
</tr>
</thead>
<tbody>
<tr>
<td>Sexuality education</td>
<td>Social networks</td>
</tr>
<tr>
<td>Consent</td>
<td>Social support</td>
</tr>
<tr>
<td>Positive relationships</td>
<td></td>
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<tr>
<td>Ways of expressing dissent</td>
<td></td>
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</tbody>
</table>

*From the kitchen of:* Nandita Shan  
Name & Organization

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## RECIPE FOR INCLUSIVE & EQUITABLE PARTNERSHIPS

<table>
<thead>
<tr>
<th>Ingredients</th>
<th>Special Instructions</th>
</tr>
</thead>
<tbody>
<tr>
<td>Equitable partnership is one of the areas that need to be conversant a lot. EngenderHealth should play a role as a learning center in the country</td>
<td></td>
</tr>
</tbody>
</table>

*From the kitchen of:* Tanzania Men as Equal Partners in Development  
Name & Organization
## RECIPE FOR INCLUSIVE & EQUITABLE PARTNERSHIPS

### Ingredients
- Capacity building
- Respect
- Participation

### Special Instructions
- Help build capacity
- Value input even from small organizations
- Promote equal partnership

---

### From the kitchen of:

Dr. Avuyaure Rei

Name & Organization
### RECIPE FOR INCLUSIVE & EQUITABLE PARTNERSHIPS

**Ingredients**

- Thank you for this effort
- because family planning is important for all

**From the kitchen of:**

**Fatima Abdallah Chad**

**Name & Organization**

---

**Ingredients**

- Collaboration
- Inclusion
- Diversity
- Using influencers

**From the kitchen of:**

**Christiana Ogbe, JSI**

**Name & Organization**
## RECIPE FOR INCLUSIVE & EQUITABLE PARTNERSHIPS

### Ingredients

<table>
<thead>
<tr>
<th>Item</th>
<th>Special Instructions</th>
</tr>
</thead>
<tbody>
<tr>
<td>Youth-led</td>
<td></td>
</tr>
<tr>
<td>Locally led (government)</td>
<td></td>
</tr>
<tr>
<td>Diverse (ethnicity, age, gender, ability)</td>
<td></td>
</tr>
</tbody>
</table>

### From the kitchen of:

Edna Eboigbe
Name & Organization

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## RECIPE FOR INCLUSIVE & EQUITABLE PARTNERSHIPS

### Ingredients

<table>
<thead>
<tr>
<th>Item</th>
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</thead>
<tbody>
<tr>
<td>Transformation</td>
<td></td>
</tr>
<tr>
<td>Social inclusion</td>
<td></td>
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</table>

### From the kitchen of:

P.S., Kenya
Name & Organization
**Recipe**

**RECIPE FOR INCLUSIVE & EQUITABLE PARTNERSHIPS**

<table>
<thead>
<tr>
<th>Ingredients</th>
<th>Special Instructions</th>
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</thead>
<tbody>
<tr>
<td>Self awareness</td>
<td>Good partnerships</td>
</tr>
<tr>
<td>Self regulations</td>
<td></td>
</tr>
<tr>
<td>Empathy</td>
<td></td>
</tr>
<tr>
<td>Social skills</td>
<td></td>
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</tbody>
</table>

*From the kitchen of:* Dr. C., Ministry of Health, Sri Lanka

**Recipe**

**RECIPE FOR INCLUSIVE & EQUITABLE PARTNERSHIPS**

<table>
<thead>
<tr>
<th>Ingredients</th>
<th>Special Instructions</th>
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</thead>
<tbody>
<tr>
<td>Synergy result</td>
<td></td>
</tr>
<tr>
<td>Mutual goal achievement</td>
<td></td>
</tr>
<tr>
<td>Problem solving</td>
<td></td>
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</tbody>
</table>

*From the kitchen of:* Pheng Kheng

**Name & Organization**
**Recipe**

**RECIPE FOR INCLUSIVE & EQUITABLE PARTNERSHIPS**

<table>
<thead>
<tr>
<th>Ingredients</th>
<th>Special Instructions</th>
</tr>
</thead>
<tbody>
<tr>
<td>Contacts, Emails, Business Cards</td>
<td>Meet new people.</td>
</tr>
<tr>
<td>Networking, Dialogues</td>
<td>Share contacts.</td>
</tr>
<tr>
<td></td>
<td>Network with them always.</td>
</tr>
</tbody>
</table>

*From the kitchen of:* Anchoring Communities Uganda

Name & Organization

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**Recipe**

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<table>
<thead>
<tr>
<th>Ingredients</th>
<th>Special Instructions</th>
</tr>
</thead>
<tbody>
<tr>
<td>Good communication</td>
<td></td>
</tr>
<tr>
<td>Openness</td>
<td></td>
</tr>
<tr>
<td>Truthful</td>
<td></td>
</tr>
<tr>
<td>Cooperative</td>
<td></td>
</tr>
<tr>
<td>Respect of difference</td>
<td></td>
</tr>
</tbody>
</table>

*From the kitchen of:* Dr. Tankohno

Name & Organization
Recipe

RECIPE FOR INCLUSIVE & EQUITABLE PARTNERSHIPS

Ingredients

Mutual respect
Commitment
Contribution

Special Instructions

Tied with tolerance

From the kitchen of: Njein, Jhpiego
Name & Organization

Recipe

RECIPE FOR INCLUSIVE & EQUITABLE PARTNERSHIPS

Ingredients

Trust
Patience
Kindness
Discomfort
Strength / stamina
Resource - finance / people

Special Instructions

Blend gently, occasionally whip.
Mold into shape needed.
Frequently check while baking.

From the kitchen of: Shriley Owino, Ipas
Name & Organization
### RECIPE FOR INCLUSIVE & EQUITABLE PARTNERSHIPS

**From the kitchen of:**

<table>
<thead>
<tr>
<th>Ingredients</th>
<th>Special Instructions</th>
</tr>
</thead>
<tbody>
<tr>
<td>Kindness</td>
<td>The truth</td>
</tr>
<tr>
<td>Care</td>
<td>Informed consent</td>
</tr>
<tr>
<td>Thought</td>
<td>Patience</td>
</tr>
<tr>
<td>Communication</td>
<td></td>
</tr>
</tbody>
</table>

*Jonathan Stack, World Vasectomy Day*

**Name & Organization**

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### RECIPE FOR INCLUSIVE & EQUITABLE PARTNERSHIPS

**From the kitchen of:**

<table>
<thead>
<tr>
<th>Ingredients</th>
<th>Special Instructions</th>
</tr>
</thead>
<tbody>
<tr>
<td>Young people</td>
<td>Funding support</td>
</tr>
<tr>
<td>Inclusion</td>
<td>People of all diversity</td>
</tr>
<tr>
<td>Adolescent</td>
<td>Attention to SRHR needs and wants</td>
</tr>
</tbody>
</table>

*Esenam, Ghana*

**Name & Organization**
### RECIPE FOR INCLUSIVE & EQUITABLE PARTNERSHIPS

#### Ingredients

<table>
<thead>
<tr>
<th>Ingredient</th>
<th>Special Instructions</th>
</tr>
</thead>
<tbody>
<tr>
<td>Co-creation and ideation</td>
<td></td>
</tr>
<tr>
<td>Engagement of local communities and authorities</td>
<td></td>
</tr>
<tr>
<td>Integration of programs</td>
<td></td>
</tr>
</tbody>
</table>

---

**From the kitchen of:**

Edith, Blue Ventures

Name & Organization

---

### RECIPE FOR INCLUSIVE & EQUITABLE PARTNERSHIPS

#### Ingredients

<table>
<thead>
<tr>
<th>Ingredient</th>
<th>Special Instructions</th>
</tr>
</thead>
<tbody>
<tr>
<td>Honesty and trust</td>
<td></td>
</tr>
<tr>
<td>Collaboration</td>
<td></td>
</tr>
<tr>
<td>Engagement</td>
<td></td>
</tr>
<tr>
<td>Co-creation</td>
<td></td>
</tr>
</tbody>
</table>

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**From the kitchen of:**

Judy Amoke, Faith to Action Network

Name & Organization
### RECIPE FOR INCLUSIVE & EQUITABLE PARTNERSHIPS

#### Ingredients

<table>
<thead>
<tr>
<th>Item</th>
<th>Special Instructions</th>
</tr>
</thead>
<tbody>
<tr>
<td>Involvement of marginalized groups</td>
<td></td>
</tr>
<tr>
<td>Equitable access to health</td>
<td></td>
</tr>
<tr>
<td>Universal health coverage</td>
<td></td>
</tr>
<tr>
<td>Employment opportunities</td>
<td></td>
</tr>
<tr>
<td>Disability friendly</td>
<td></td>
</tr>
</tbody>
</table>

#### From the kitchen of:

- Center for Research on Environment, Health and Population Activities (CREHPA)

Name & Organization

---

### RECIPE FOR INCLUSIVE & EQUITABLE PARTNERSHIPS

#### Ingredients

- Youth-led organizations
- Youth spaces
- People with disabilities and Indigenous people

#### From the kitchen of:

- Restless Development

Name & Organization

---

It would be very important for partnerships to be inclusive and include partnerships with young people.
### Ingredients

- **Communication**
  - Common feedback from both sides

### Special Instructions

- **Week of listening**
- **Decision making**

### From the kitchen of:

Mohamed Bana Traore, MUSO

---

### Ingredients

- **Common vision**
- **Compliance with commitments**
- **Proactive action**
- **Common agenda**

### Special Instructions

**Decision making**

### From the kitchen of:

Aristtide Badu, West African Health Organization
## RECIPE FOR INCLUSIVE & EQUITABLE PARTNERSHIPS

### Ingredients

<table>
<thead>
<tr>
<th>Name &amp; Organization</th>
<th>Special Instructions</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>South-South collaboration</strong></td>
<td></td>
</tr>
<tr>
<td><strong>Synergy of activities</strong></td>
<td></td>
</tr>
<tr>
<td><strong>Employment opportunities</strong></td>
<td></td>
</tr>
</tbody>
</table>

### From the kitchen of:

B. Isabelle, IntraHealth

Name & Organization

---

## RECIPE FOR INCLUSIVE & EQUITABLE PARTNERSHIPS

### Ingredients

<table>
<thead>
<tr>
<th>Name &amp; Organization</th>
<th>Special Instructions</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Youth involvement</strong></td>
<td></td>
</tr>
<tr>
<td><strong>Respect for gender</strong></td>
<td></td>
</tr>
<tr>
<td><strong>Youth access to SRHR</strong></td>
<td></td>
</tr>
</tbody>
</table>

### From the kitchen of:

Mohamadou B., blogger

Name & Organization
RECIPE FOR INCLUSIVE & EQUITABLE PARTNERSHIPS

**Recipe**

**Ingredients**

- Involve community representatives in governance & decision-making space

**Special Instructions**

- Include youth representatives.
- Don’t be tokenistic.
- Invest in meaningful partnerships with communities.

*From the kitchen of:* anonymous

Name & Organization

---

**Recipe**

**Ingredients**

- Collaborative spirit
- Resources based on users (evidence)
- Objective having SMART goals

**Special Instructions**

- Engage minority groups in the same efforts that target majority groups.

*From the kitchen of:* anonymous

Name & Organization
RECIPE FOR INCLUSIVE & EQUITABLE PARTNERSHIPS

Ingredients
Honesty
Respect
Safe space
Equality
Open exchange

Special Instructions
Add honesty, then respect.
Stir with safe space.
Garnish with equality and open exchange.

From the kitchen of:
Name & Organization

Recipe

Ingredients
Learning community for service integration

Special Instructions
Platform

From the kitchen of:
Name & Organization
Recipe

RECIPE FOR INCLUSIVE & EQUITABLE PARTNERSHIPS

Ingredients

- Quality work
- Commitment to common output/outcome
- Open to feedback/suggestions

From the kitchen of: 

Name & Organization

anonymous

Recipe

RECIPE FOR INCLUSIVE & EQUITABLE PARTNERSHIPS

Ingredients

- Can have an international partnerships for FP clinical training

From the kitchen of: 

Name & Organization

anonymous
### RECIPE FOR INCLUSIVE & EQUITABLE PARTNERSHIPS

<table>
<thead>
<tr>
<th>Ingredients</th>
<th>Special Instructions</th>
</tr>
</thead>
<tbody>
<tr>
<td>Intersectionality approach for designing programming with marginalized &amp; minoritized groups</td>
<td>Intersectionality lens</td>
</tr>
</tbody>
</table>

**From the kitchen of:** anonymous
Name & Organization

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### RECIPE FOR INCLUSIVE & EQUITABLE PARTNERSHIPS

<table>
<thead>
<tr>
<th>Ingredients</th>
<th>Special Instructions</th>
</tr>
</thead>
<tbody>
<tr>
<td>Giving youth a seat at the table</td>
<td></td>
</tr>
<tr>
<td>Multisectoral approaches</td>
<td></td>
</tr>
<tr>
<td>Accountability measures</td>
<td></td>
</tr>
</tbody>
</table>

**From the kitchen of:** anonymous
Name & Organization
# RECIPE FOR INCLUSIVE & EQUITABLE PARTNERSHIPS

<table>
<thead>
<tr>
<th>Ingredients</th>
<th>Special Instructions</th>
</tr>
</thead>
<tbody>
<tr>
<td>Two-way accountability system</td>
<td></td>
</tr>
<tr>
<td>Listening and engaging youth</td>
<td></td>
</tr>
</tbody>
</table>

*From the kitchen of:* anonymous  
Name & Organization

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# RECIPE FOR INCLUSIVE & EQUITABLE PARTNERSHIPS

<table>
<thead>
<tr>
<th>Ingredients</th>
<th>Special Instructions</th>
</tr>
</thead>
<tbody>
<tr>
<td>Networking events</td>
<td>More international dialogues &amp; spaces</td>
</tr>
<tr>
<td>Youth-friendly spaces</td>
<td></td>
</tr>
<tr>
<td>Research</td>
<td></td>
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</tbody>
</table>

*From the kitchen of:* anonymous  
Name & Organization
## Recipe

### RECIPE FOR INCLUSIVE & EQUITABLE PARTNERSHIPS

<table>
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<tbody>
<tr>
<td>Trust</td>
<td></td>
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<tr>
<td>Transparency</td>
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<tr>
<td>Accountability</td>
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**From the kitchen of:**

*anonymous*

*Name & Organization*

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## Recipe

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</thead>
<tbody>
<tr>
<td>Respect</td>
<td></td>
</tr>
<tr>
<td>Voice</td>
<td></td>
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<tr>
<td>Participation</td>
<td></td>
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<tr>
<td>Leadership of girls</td>
<td></td>
</tr>
</tbody>
</table>

**From the kitchen of:**

*anonymous*

*Name & Organization*
# RECIPE FOR INCLUSIVE & EQUITABLE PARTNERSHIPS

**Ingredients**

- Care for everyone
- Leadership

**Special Instructions**

- Spread the word
- People in the field

*From the kitchen of:* anonymous  
Name & Organization

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# RECIPE FOR INCLUSIVE & EQUITABLE PARTNERSHIPS

**Ingredients**

- Education
- Collaboration

**Special Instructions**

- Access

*From the kitchen of:* anonymous  
Name & Organization
# RECIPE FOR INCLUSIVE & EQUITABLE PARTNERSHIPS

<table>
<thead>
<tr>
<th>Ingredients</th>
<th>Special Instructions</th>
</tr>
</thead>
<tbody>
<tr>
<td>Localization</td>
<td></td>
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**From the kitchen of:**

*anonymous*  
Name & Organization

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<table>
<thead>
<tr>
<th>Ingredients</th>
<th>Special Instructions</th>
</tr>
</thead>
<tbody>
<tr>
<td>Gender-sensitive</td>
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**From the kitchen of:**

*anonymous*  
Name & Organization