

# Measuring, Monitoring, and Tracking Family Planning through Equity and Inclusion

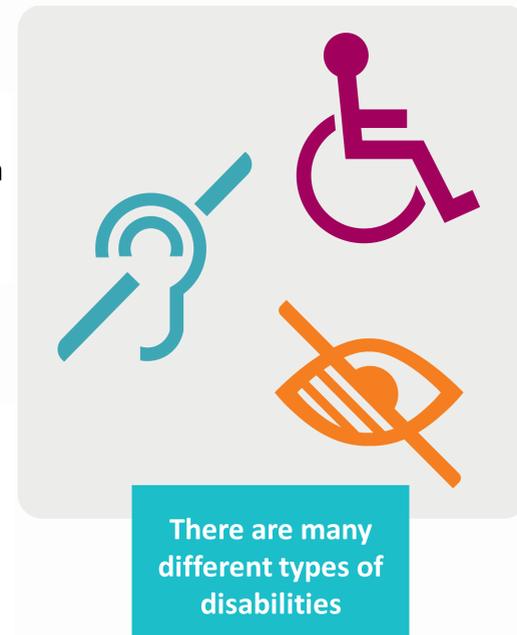
## The Scaling up Family Planning in Tanzania Programme

### Programme Overview

- **Donor:** United Kingdom Foreign, Commonwealth, and Development Office
- **Implementing Partners:** EngenderHealth (lead), Comprehensive Community-Based Rehabilitation in Tanzania, DKT International, and Pathfinder International
- **Implementation Period:** September 2019 to August 2024

### People with Disabilities (PWD) and Family Planning (FP)

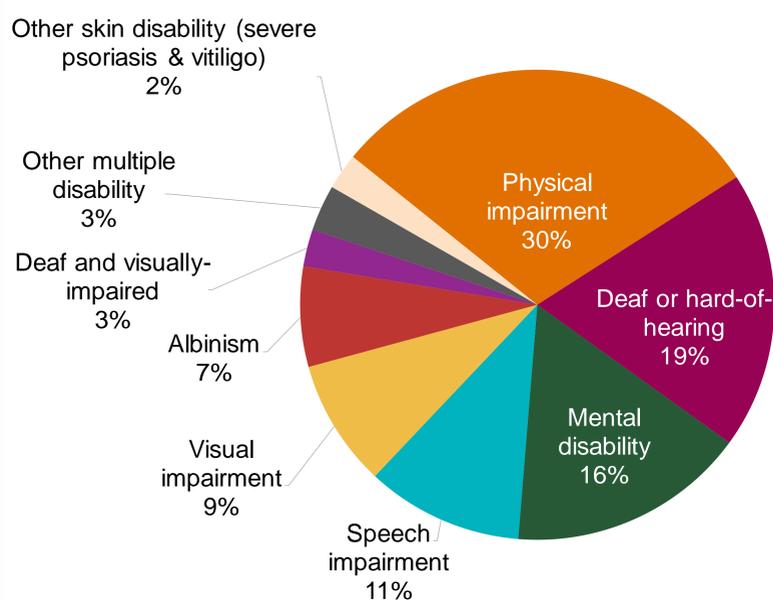
- PWD have a right to respectful sexual and reproductive health services, including FP.
- PWD often experience overwhelming barriers when accessing healthcare.
- PWD constitute approximately 9% of the Tanzanian population.
- The national health management information system does not currently capture sexual and reproductive health service provision data for PWD.



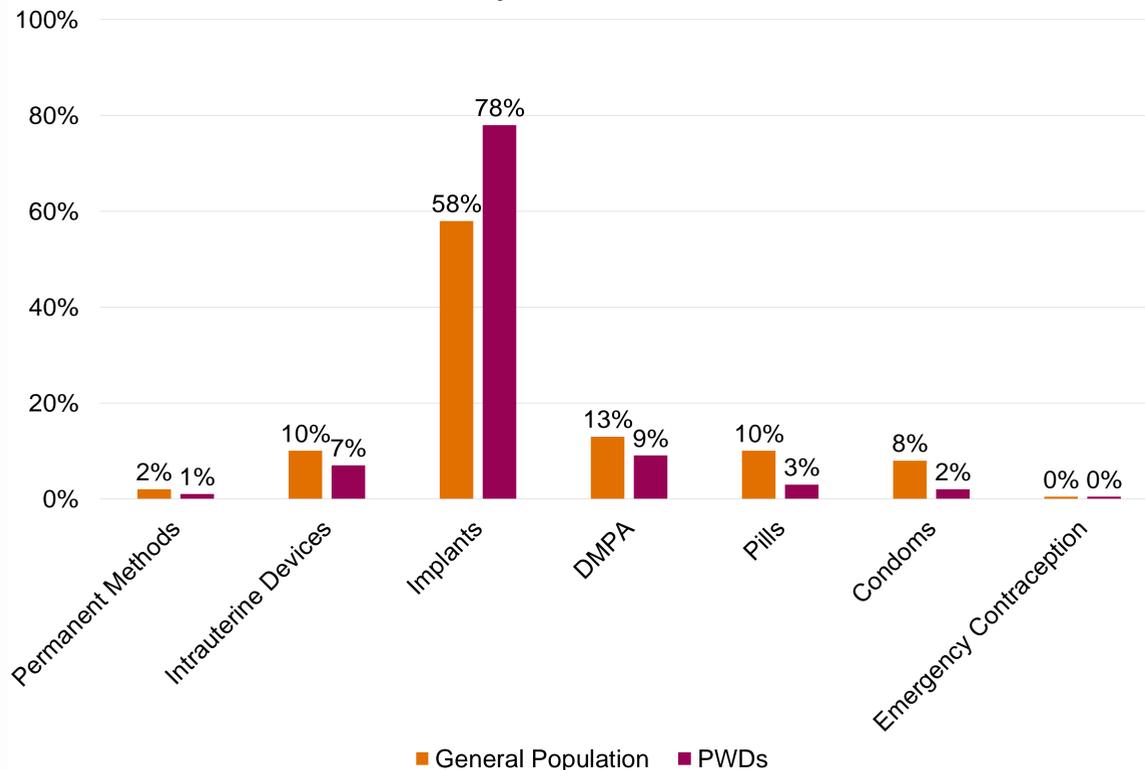
### Programme Data for PWD and FP

- The Scaling Up Family Planning in Tanzania programme is working to ensure provision of inclusive and integrated FP services to PWD.
- The programme has tracked FP services delivery to PWD over 2 years of implementation thus far.
- The programme collected outreach service delivery data for PWD using a paper-based monitoring tool that captured client age, previous use of a contraceptive method, and disability.

**PWD Accessing FP Services, by Disability Type, February 2020 to June 2022 (N=10,537)**



**Method Mix among PWDs Compared to the General Population, January 2022 to June 2022**



### Key Takeaways

- There is a need to develop more equitable and inclusive sexual and reproductive health and rights policies and programmes.
- The programme's approach for reaching PWD with integrated and inclusive FP services demonstrated success and could be expanded and replicated in similar settings.
- Where national health management information systems are unable to monitor PWD service uptake; targeted assessments may help fill evidence gaps related to PWD health service use.
- Including inclusive service delivery in pre-service training is imperative to institutionalizing PWD-friendly practices in FP services.

