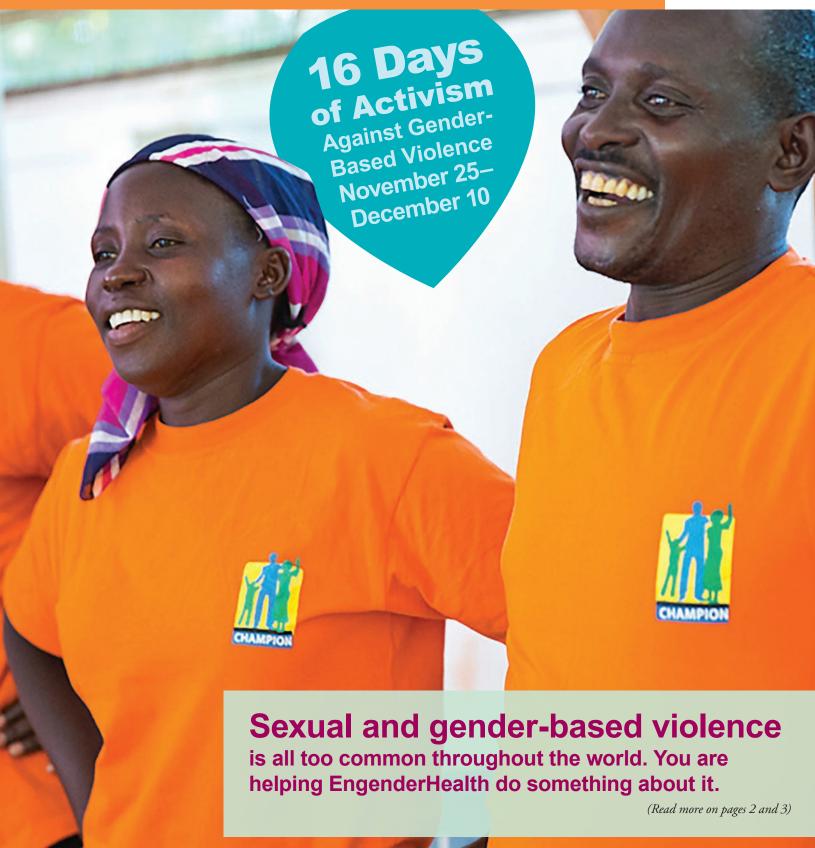
# Because of You...





# According to the World Health Organization, one will experience some form of sexual or ge

While sexual and gender-based violence most commonly affects women and girls, it can and does affect all genders. It is an enormous human rights issue and addressing it requires a holistic approach, EngenderHealth experts say.

Programs must be gender-transformative; that is, they must help people reflect on and alter ingrained attitudes and norms — for example, the idea that a man has to be tough and strong, or that women are property and can be treated as such. This does not happen overnight, but it can and does happen. And you're an important part of this ongoing effort.

### YOU'RE MAKING A DIFFERENCE ...

#### In Burundi



In Burundi and Malawi, our two GBV-focused projects communicated information to 278,000 people through community-based initiatives, such as engaging with youth drama clubs, religious and traditional leaders, and community health workers, and engaged men as advocates for changing gender norms in their communities.

A recent program called BRAVI, Burundians Responding Against Violence and Inequality, is showing how much can be accomplished when entire communities become involved. With the help of local health providers and community leadership, EngenderHealth recruited Men as Partners. Four hundred community leaders and an additional 420 men, from hairdressers to miners, became

involved in workshops where they learned to confront and change harmful gender stereotypes.

#### **Supporting Change**

They, in turn, reached out to close to 44,000 people in their communities and shared what they had learned. At the same time, EngenderHealth and partners worked to strengthen the capacity of local health resources, a vital link in the program, resulting in care for 1,200 survivors of SGBV. Now personnel of more than 50 Burundian health facilities have received special training in providing sensitive, non-judgmental care to SGBV survivors.

We're grateful for the cooperation and input of our partners — the Ministry of Public Health, Fight Against, USAID, and generous donors like you.

#### **Sharing Expertise**

Partnering with SWAA-Burundi, EngenderHealth is sharing its technical expertise with community organizations, setting the stage for truly sustainable, positive changes in gender norms and a reduction of sexual and gender-based violence. Working together, we are helping to increase capacity to create positive impacts on health, education, and even the economy of the nation.

## COMMIT TO MAKING A DIFFERENCE



## Why This Work Is Crucial Now

There is a rise in sexual and gender-based violence due to COVID isolation protocols and restrictions and economic impact of the pandemic. That makes your support of EngenderHealth's SGBV prevention programs more urgent.

# in three women — yes, you read that correctly — nder-based violence (SGBV) in her lifetime.



Through our Men As Partners (MAP) program, EngenderHealth promotes the involvement of men to advance gender equity and health in their families and communities.

## Thank you

for helping EngenderHealth provide

**49,463** survivors

with support services following sexual and gender-based violence.



### In Malawi

Among the most influential allies in the fight against sexual and gender-based violence are men. Throughout a recent five-year program in Malawi, EngenderHealth and partners made very productive strides by inviting men to be part of the solution to ending SGBV.

Seventy-seven men were recruited, trained, and periodically retrained to serve as champions who could be counted on to be allies.

### In the Spotlight



They took to the stage in community theaters to dramatize the impact of negative beliefs about masculinity and engaged with community leaders who could amplify their impact.

In all, by the time the five-year program was complete, they enlisted the support of 229 religious and community leaders, 500 teachers, 84 youth peer educators, and 517 community and youth organizations. Women who experienced sexual and gender-based violence, and those at high risk of violence, now have access to judicial services as well as vocational education.

#### Improving Health Care, Courts, Job Prospects

While there is still much to be done, the Malawians affected by gender-based violence are receiving better health care and receiving more sensitive treatment in the courts. Women have been equipped for new employment opportunities thanks to vocational training.

Thank you for helping EngenderHealth develop and implement these programs. Our partners play an indispensable part in our work, and you are one of them.

# An Important Milestone On Our Journey to MYP

Helping adolescents know their sexual and reproductive rights and build safe and healthy lives are important components of EngenderHealth's mission. It is equally important that we meaningfully involve youth in the design, implementation, and evaluation of our programs, as well as in our organizational growth. This is why we have committed to effect Meaningful Youth Participation (MYP) and positive youth-adult partnerships throughout EngenderHealth.

This is not a new idea, but were we doing enough to see that our interactions with youth-led organizations and adolescent advocates resulted in shared decision-making and truly equitable partnerships? We were certainly trying, but there is always opportunity for improvement. So EngenderHealth engaged with CHOICE for Youth & Sexuality, an organization dedicated to strengthening young peoples' leadership and advocacy on an international level.

The result was an in-depth assessment and training program that involved each EngenderHealth team member who worked with adolescents, as well as operational staff — those working on research and evaluation, human resources, business development, and others.

There were also separate sessions for the Executive Team, Directors, and Managers.

#### The results so far?

- A commitment to develop a MYP policy and a clear strategy for reaching true MYP.
- Constant efforts to involve more young people in decision-making.
- Ongoing monitoring of EngenderHealth's culture to encourage younger staff and to grow conditions for equitable youth-adult relationships.
- A recognition that we need to do more to continuously monitor our progress and to act as well as analyze.

This is a journey without an end. We'll keep you posted as we progress.

### **Save the Dates:**

#### November 25-December 10

16 Days of Activism Against Gender-Based Violence



**November 30** 





In 2019–2020, EngenderHealth Donors Helped Prevent

Unintended Pregnancies



## 1.15 Million

Unsafe Abortions Prevented in 2019– 2020 Because You and Others Gave



Your Support Helped Change

National Health

vational Health Policies in 2019–2020

#### **Our Vision**

A gender-equal world where all people achieve their sexual and reproductive rights.

#### **Our Mission**

To implement high-quality, gender-equitable programs that advance sexual and reproductive health and rights.

#### **Our Promise to You**

We will use your gift in the best possible way: prudently, thoughtfully, and where it does the most good.



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