#ICFP2018
Integration of Family Planning into Fistula Care at Prevention and Treatment Sites in Uganda
Acknowledgments

Authors:
Lucy Asaba, Paul Kaduyu, Hassan Kanakulya, and Agnes Were

Project Name:
Fistula Care Plus (FC+)

Supporting Organizations:
Impact Access Excellence Impact

Access Excellence Impact
Presentation Outline

- Significance/Background
- Program Intervention/Activity Tested
- Methodology
- Results/Key Findings
- Program Implications/Lessons Learned
Significance/Background

Voluntary Family Planning is Key for Fistula Prevention and Treatment

According to the 2011 Demographic and Health Survey, 2% of women of reproductive age in Uganda report having experienced fistula symptoms. Family planning (FP) is a critical strategy for fistula prevention and is essential for women who have experienced fistula.
EngenderHealth supported 18 fistula prevention and treatment at facilities in Uganda. At the prevention facilities, EngenderHealth facilitated integration of voluntary FP as part of a minimum package of care. At treatment facilities, EngenderHealth facilitated integration of FP counseling, products, and referrals during preoperative and postoperative fistula care.
EngenderHealth provided capacity building support to health workers in the areas of: (1) FP clinical skills development, (2) integration of FP into other health service delivery, and (3) establishment of referral networks for FP counseling and service delivery. This included training fistula care providers to deliver FP messaging during preoperative and postoperative counseling sessions and at subsequent follow-up visits.
Results/Key Findings

Voluntary FP Use Before and After Training

- Jinja: # Before Training
- Kamuli: # Before Training
- Hoima: # After Training
- Kasese/Masaka/Kalungu: # After Training

# ICFP2018
Results/Key Findings

Short-Acting versus Long-Acting Methods, Posttraining

- Kasese/Masaka/Kalungu
- Hoima
- Kamuli
- Jinja

% Short-Acting Methods | % Long-Acting Methods
Program Implications/
Lessons Learned

- Investments in improving knowledge and skills are key to promoting attitude change among health providers, postpartum clients, and communities.
- It is important to include fertility awareness methods as part of the FP method mix; this particularly impactful in engaging Catholic-founded facility partners.
- The availability of FP information and contraceptive commodities at fistula treatment facilities are essential for increasing postpartum FP uptake.
Contact me:
Lucy Asaba at
lasaba@engenderhealth.org

Come find us at Booth #33

Visit our microsite:
www.engenderhealth.org/icfp2018
Thank you!